

## Amendment to the Specification

Amend paragraph [0024] to read as follows:

[0024] Furthermore, more predictable changes in the deflection rate can be produced if instead of a flat surface compressing the layered spring, as shown in Fig. 4C , a layered compression structure as shown in Fig. 1A is used. The layered compression structure of Fig. 1A~~Fig. 4C~~ is similar in dimension and shape to the layered spring structure shown in Fig. 1A, except that the height of each inverted layer of the layered compression structure is less than the height of a corresponding layer in the layered spring structure, or in other words the layered compression structured appears recessed relative to the layered spring structure. Accordingly as the layered compression structure is compressing the top layer of the layered spring structure the layered compression structure begins to compress the second layer of the layered spring structure before the first layer of the layered spring structure is fully compressed. This process continues for each layer of the layered spring structure until it is fully compressed. In this manner more predictable changes in the deflection rate can be engineered while at the same time using this device to add lateral support to each layer.